

Stand Kneel Prone

RULES: IDPA RULES

COURSE DESIGNER: Joseph Little

START POSITION: Standing at Position A for all THREE STRINGS

SCENARIO: This drill helps you develop shooting skills from standing, kneeling, and prone positions.

PROCEDURE: String 1: Draw and fire at the high target two to the body and one to the head. String 2: Same as 1 but from kneeling. String 3: Same but from prone.

SCORING: Limited Vickers

ROUND COUNT: 09

TARGETS: 03

DISTANCE: 10 yards

SCORED HITS:

START/STOP:

PENALTIES:

CONCEALMENT: No

NOTES: For kneeling and prone, draw prior to getting into position.

Standing



Kneeling



Prone



10 yards

Position A